

Tumbi Umbi Clontarf Academy

# Clontarf Newsletter

Term 4, 2024



clontarf  
foundation



## ABOUT THE ACADEMY

The Tumbi Umbi Clontarf Academy was founded in 2024 and operates out of Tuggerah Lakes Secondary College - Tumbi Umbi Campus. It caters for students in Years 7 to 10 and currently has 56 boys engaged in the programme.

## ABOUT THE FOUNDATION

The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate meaningfully in society.

## SCHOOL DETAILS

Tuggerah Lakes Secondary College, Tumbi Umbi Campus  
150 Bellevue Rd  
Tumbi Umbi, NSW 2261  
(02) 4385 6802

## STAFF CONTACTS

Brody Naden: 0492 894 482  
Brad Bennett: 0492 894 529

## TERM 4 ACADEMY ATTENDANCE

# 79%

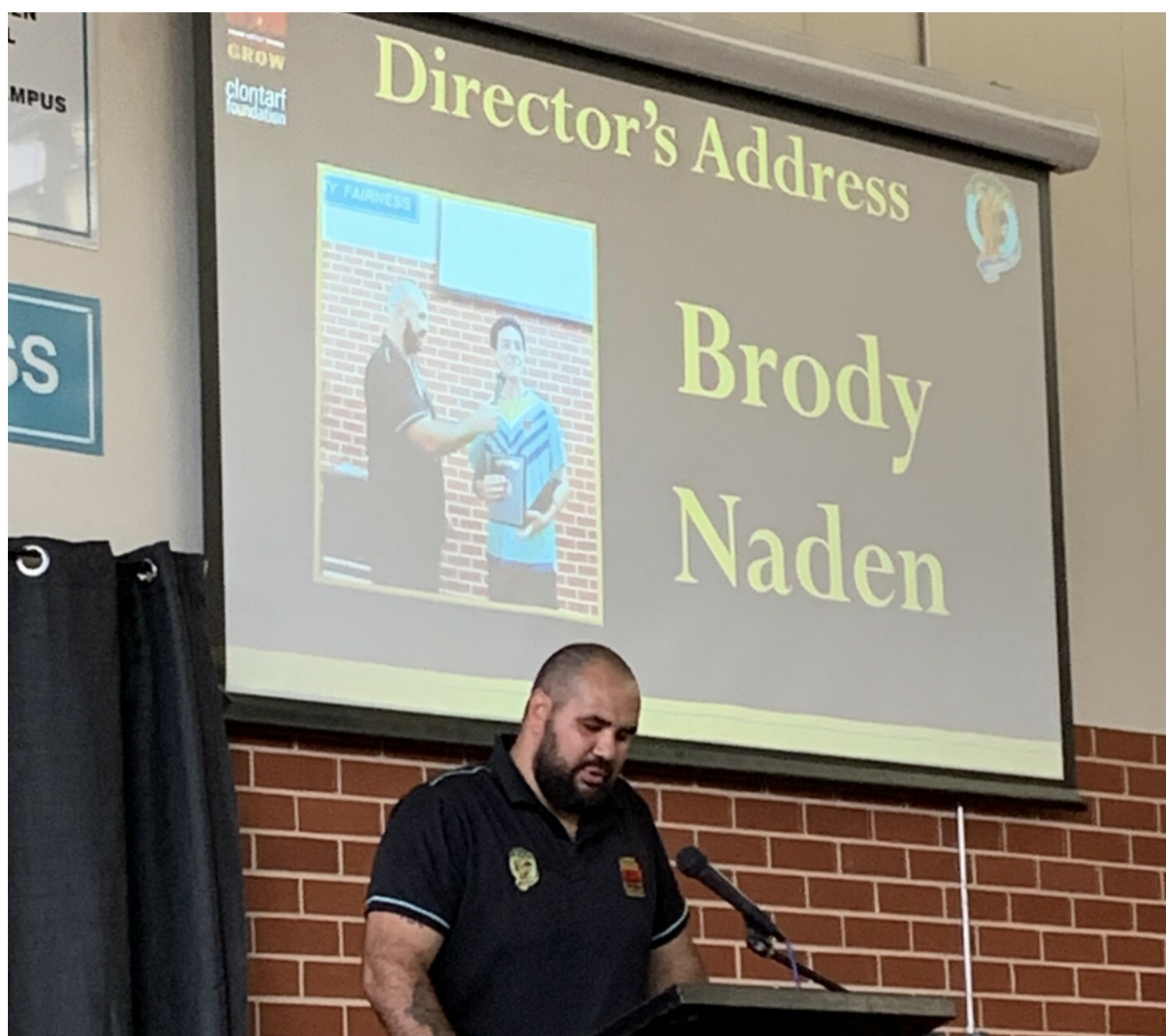
## ATTENDANCE BREAKDOWN

**YEAR 7 - 77%**

**YEAR 8 - 79%**

**YEAR 9 - 83%**

**YEAR 10 - 75%**



# Message from the Director

Tumbi Umbi Academy has had a fantastic end to the year. We currently have 56 academy members voluntarily registered and engaging with the programme. Tumbi Umbi Clontarf Academy has achieved 79% average attendance in Term 4.

School attendance is highly important to educational attainment, retention of students, and developing healthy habits. It also supports building employment related skills such as reliability, organisation, punctuality, the ability to follow instructions and working as part of a team. Further, it is crucial in feeling connected to the community, socialising with peers, developing confidence and positive well-being.

There have been a number of highlights for the Tumbi Umbi Academy this term, and plenty of opportunities for academy members to engage in positive activities, camps and extra curricular activities.

These Term 4 highlights have been:

- Kariong Camp
- Nelsons Bay Camp
- Gold Coast Camp
- Morning Trainings
- Afternoon Activities
- Regional Carnivals
- Awards Night
- Health Sessions
- Worksite Visits
- Acknowledgements and Cultural performances

We thank you for your ongoing support of the Clontarf Foundation and our young men. Please enjoy the following more detailed accounts and photos of the experiences our young men enjoyed this term.

We're looking forward to 2025, and the enriching opportunities that will be available for academy members.

Regards,  
Brody





# Nelsons Bay Camp

A group of our Year 8 and 9 academy members set off up the M1 to begin our camp at Nelsons Bay. However, due to predicted bad weather, we had to make a last-minute change to our accommodation and ended up staying at the Newcastle Clontarf Foundation's regional office. A huge thank you to them for accommodating us on such short notice!

We kicked off the camp with a competitive game of Putt Putt at Holey Moley, followed by some fun ten-pin bowling. Afterward, we set up our swags and dropped off our gear, and were lucky enough for the sun to come out. We took the boys to Merewether Ocean Baths for a swim, providing a great opportunity to unwind and enjoy the day.

On Day 2, we had the chance to visit the Salamander Bay Fire Station. The boys had an incredible experience learning about the fire station operations.

They were shown around the station, tried on firefighter gear, and even got to hold the hose. The highlight was using the Jaws of Life to cut through a car, which is used for training purposes. It was a fantastic, hands-on experience that sparked interest among some of the boys, with a few now considering it as a potential job opportunity after school or even as volunteer work.

Day 3 saw us packing up camp and heading to Revolutions Trampoline Park. The boys got a great workout, and Director Brody impressed everyone by landing numerous backflips, showing he's still as nimble as ever! We wrapped up the camp by making our way closer to home, where we met up with the Wyong Clontarf Academy. We finished with a relaxing fish and chips meal before dropping the boys home. It was a fantastic camp, filled with fun, learning, and memorable experiences.





# Gold Coast Camp: A Journey of Fun, Fitness, and Mental Wellness

The Gold Coast Camp was more than just a fun-filled adventure; it was a transformative experience that blended physical fitness, personal growth, and mental wellness. From the thrill of Movie World to the insights gained from Jai Opetaita, LIVIN.org, and the Gold Coast Titans, we left the camp feeling stronger, more inspired, and more connected than ever before.

Whether it was building physical endurance, learning from professional athletes, or gaining tools to improve our mental health, every aspect of the camp left a lasting impact. It served as a reminder that our well-being - both physical and mental - is something we should prioritise every day.







# Awards Night

On Wednesday, the 27th of November, we hosted our first of many Tumby Umbi Clontarf Academy End-of-Year Awards Nights. It was a wonderful opportunity for our academy members, their families, friends, and staff to come together and celebrate the amazing achievements of our students. We were fortunate to have several Clontarf partners join us to present some of the major awards of the evening. A huge thank you to Apollo, UGL, and the Bungree Aboriginal Association for attending and for your ongoing support of our program.

It was inspiring to see so many of the boys stay behind to help set up the hall area. A massive shout-out to our MCs for the night—Beau, Mason, Taj, and Sunny—who did an amazing job, speaking very well and keeping everything running smoothly.

The night was filled with students receiving awards for all their hard work throughout the year, but special congratulations go out to all of our major award winners. This night was a true celebration of the dedication and effort the boys have put in. Without their commitment, this program simply wouldn't be possible.





# Kariong Camp

On Wednesday, the 23rd of October, our selected Year 7 and 8 students embarked on an exciting journey to the Kariong Scout Camp. The camp began with a visit to one of our local Aboriginal community supporters, the Bungree Aboriginal Association, based in Gosford. During the visit, the boys received a guided tour of the head office and learned about the important services the association provides. Bungree's mission is to empower Aboriginal communities through programs that focus on housing, employment, and education. The students had the opportunity to ask insightful questions, gaining a deeper understanding of the significance of community engagement and cultural preservation.

After the visit, the group continued their adventure up the hill to the Kariong Scout Camp. The camp was designed to promote teamwork, leadership, and personal growth, featuring a series of outdoor activities. In the afternoon, the group explored Summersby Falls, where the boys enjoyed a refreshing swim in the beautiful surroundings.

Day two took us to Ettalong, where the students tried their hand at stand-up paddleboarding. The day began with lessons on paddling, and soon enough, the boys were standing up and enjoying a friendly game of SUP ball. It was inspiring to see their determination and "never give up" attitude, especially as they overcame challenges and had fun together.

On our final day, it was heartening to see the boys up early, ensuring that the accommodation was cleaner than when we first arrived. After tidying up and packing, we headed to Pulse Rock Climbing in Gosford, where the boys gave rock climbing their best effort, testing their strength and endurance. It was incredible to witness their resilience and enthusiasm, even as a few blisters appeared along the way. After a well-earned lunch of Clonny wraps, we began the journey home, reflecting on the memories and skills gained from the camp.





# Reuben Secures the 3-peat at the Regional Table Tennis Tournament



## Tumbi Umbi Academy Top Attenders of Term 4

Academy Members with  
Attendance 90% or Higher!

### Year 7

Deaken. B  
Rafi. C

### Year 9

Jayden. H  
Noah. H  
Taj. P  
Ayden. W

### Year 8

Brock. B  
Nash. H  
Mason. L

### Year 10

Lucas. D  
Ruben. F  
Asher. M  
Xander. P



# CENTRAL COAST REGIONAL SUPER TRAINING



# Photos from Term 4

