

# BULLY BUSTER SEMINAR

## From Zero to Hero

**Friday 18th March**

**3.45 - 4.30**

**Come Dressed in your  
School uniform and Bring a Buddy.**

**Instructors will be Dressed  
like School Bullies and will  
show you ways to defeat  
them in a Non Violent  
way.**

**Special Membership offers  
for your Buddies.**



**Wyoming : 43 28 1878**

**Mingara : 43 88 4788 Kincumber : 43 68 4107**

**Email: [www.blackbeltmartialarts.com.au](http://www.blackbeltmartialarts.com.au)**

