



TLSC Sport

Mid-Year Report

2017

Tuggerah Lakes Secondary College

Introduction

School sport is a mandatory component of the school curriculum in NSW and representative school sport is one of the key pathways for gifted sporting students at TLSC to develop their talent. To date 2017 has been an extremely exciting and successful one for TLSC Sport. The College has fielded teams and individuals in almost every NSW Combined High Schools Sports Association (NSWCHSSA) and All-Schools sporting competition. Our students have excelled themselves and represented the College with pride and determination. Congratulations to the students who have represented TLSC this semester. A big thank you also to our coaches. On behalf of our students I thank you because it is your commitment and dedication that provides the conditions for their success.

Some notable CHS and All Schools achievements include:

- **Shaye Booth** won the 17-19 years 100m backstroke at the NSWCHSSA secondary swimming championships.
- **Kiata Hemi** gained selection in the NSWCHSSA and Australian open girls volleyball teams.
- **Jack Frasca** gained selection in the NSWCHSSA open rugby league team.
- **Ellie Stimson** gained selection in the NSWCHSSA open girls water polo team.
- **Jordie Garner** won the NSWCHSSA Gold Medal for open boys golf.
- **Hayden Flanagan** won the 16-19 MD NSWCHSSA cross country and will now contest the Australian titles.
- **Kael Webster** gained selection in the NSW U16 All Schools, the NSWCHSSA open boys and the open boys NSW merit team (combined government, Catholic and independent schools) hockey teams.
- **Joel Tweedie** gained selection as the shadow goal keeper in the NSW U16 All Schools hockey team.
- **Breanna Nathan** gained selection in the NSW All Schools touch team.
- The **open boys hockey team** became Sydney North regional champions and have progressed to the NSWCHSSA finals.
- The **open girls hockey team** became Sydney North regional champions and have progressed to the NSWCHSSA finals.
- The **open girls volleyball team** became Sydney North regional champions and have progressed to the NSWCHSSA finals.
- The **open girls rugby 7s team** won the Central Coast Rugby 7s competition and were invited to play Central West NSW in the curtain raiser to the Wallabies and Scotland rugby test on 16 June. They kept up their fine form to finish second in the NSW state competition.
- The **open boys rugby 7s team** were runner-up in the Central Coast Rugby 7s competition and will now compete for the State title.
- The **under 14 boys rugby 7s team** won the Central Coast Rugby 7s competition.
- The **under 13 boys rugby league team** won the NSW All Schools competition.
- The **under 14 boys rugby league team (Buckley Shield)** are Central Coast champions and after defeating Ballina HS and Tumut HS are now in the final four of the State.
- The **open boys rugby league team (University Shield)** are Central Coast champions and after defeating Ballina HS and Chifley College are now in the final four of the State and well on the way to defending the University Shield win from 2016.

Some notable achievements in external sporting competitions from TLSC students include:

- **Hannah Regan** represented Australia at the Oceania Games. She won a Gold Medal in the U18 4X100m relay and finished 4th in the U18 100m.
- **Molly Picklum** won the U16 NSW junior surfing title.
- **Jackson Roberts** and **Kurtis Vaughn** won the NSW open teams surfing title.
- **Noah Reed** gained selection in the NSW U15 water polo team.
- **Luke Stimson** gained selection in the NSW U15 water polo team.
- **Matt Smale** represented Australia in Futsal.
- **Kirra Alivisio** represented NSW in Judo.
- **Elke Alivisio** represented NSW in Judo.

- **Geneva Creary** is an Australian Karate champion.
- **Jayden Shipley** gained selection in the NSW U15 tennis team.
- **Nick Hay** is a member of the NSW Cricket Academy.
- **Xavier Roy** gained selection in the NSW ice hockey team.
- **Lachlan Maher** gained selection in the train-on squad for the U15 Australian football team.
- **Corey Allen** gained selection in the Australian open boys water polo team.
- **Oceanne Molony** gained selection in the NSW junior performance team in gymnastics

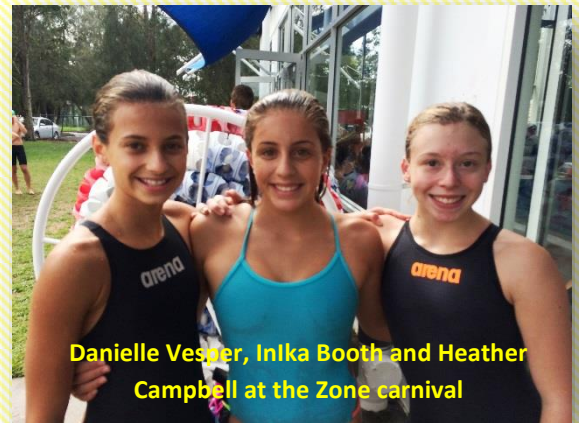
I would also like to take this opportunity to thank the College sports coordinator Keatyn Davies and Campus sports coordinators, Callum Roberts, Trent Davis, Brett Marchant and Madeline Ball who ensured coaches and students were well supported.

I hope you enjoy reading about our students and teams.

Dr David Cullen
College Principal

Sydney North Regional Swimming Championships

The TLSC swimming trials were held on 22 February at Wyong Pool. Swimmers from across TLSC competed in earnest with many gaining selection to represent TLSC at the Zone swimming carnival. Following an outstanding performance by Team TLSC at the Zone swimming carnival twenty-three students qualified to swim in 67 individual events at the Sydney North regional swimming championships. In a clear show of swimming strength Team TLSC also qualified for 11 relay events.



Danielle Vesper, Inika Booth and Heather Campbell at the Zone carnival

Following are the performances of Team TLSC:

Individual

Shaye Booth (17-19)	1st 200m IM, 3rd 200m Freestyle , 4 th 100m Breaststroke, 6 th 100m Freestyle, 1st 400m Freestyle, 3rd 100m Backstroke , 7 th 100m Butterfly
Inika Booth (14)	3rd 100m Breaststroke , 10 th 100m Freestyle, 7 th 100m Backstroke,
Sam Campbell (16)	11 th 200m Freestyle, 9 th 100m Breaststroke, 6 th 100m Backstroke, 10 th 100m Butterfly
Heather Campbell (14)	5 th 100m Butterfly
Sunny Carusi (15)	8 th 200m Freestyle, 12 th 100m Freestyle, 6 th 400m Freestyle, 7 th 100m Backstroke
Bryn Gaha (15)	7 th 200m Freestyle, 8 th 100m Butterfly
Blake Hessel (15)	5 th 200m Freestyle, 7 th 100m Breaststroke, 11 th 50m Freestyle
Nicholas Lamond (15)	5 th 200m IM, 2nd 100m Backstroke , 6 th 100m Butterfly
James Lamond (12)	2nd 100m Breaststroke, 3rd 100m Backstroke
Tom Lennox (17-19)	4 th 200m Freestyle, 5 th 100m Freestyle, 6 th 50m Freestyle, 4 th 100m Backstroke
Sarah Lennox (15)	13 th 100m Freestyle, 11 th 100m Backstroke
Breanna Lewis (12)	13 th 100m Breaststroke
Amie Linehan (16)	6 th 100m Breaststroke
Nikketa Little (16)	12 th 200m IM
James Marshall (12)	3rd 200m Freestyle, 3rd 100m Freestyle, 1st 50m Freestyle , 6 th 100m Backstroke, 3rd 100m Butterfly
Keisha McJannet (16)	8 th 200m freestyle, 13 th 100m Freestyle, 14 th 50m Freestyle
Jayden Readon (14)	8 th 200m Freestyle, 11 th 100m Breaststroke,
Quinn Richardson (14)	11 th 100m Freestyle, 10 th 50m Freestyle, 9 th 100m Butterfly
Damian Shearer (13)	10 th 200m Freestyle, 13 th 100m Breaststroke
Daniel Smithers (17-19)	4 th 200m IM
Ellie Stimson (16)	9 th 200m Freestyle, 15 th 100m Freestyle, 15 th 50m Freestyle,
Zachary Tasker (14)	7 th 200m IM, 10 th 100m Breaststroke, 11 th 50m Freestyle, 3rd 100m Backstroke , 7 th 100m Butterfly,
Danielle Vesper (14)	2nd 200m IM , 6 th 200m Freestyle, 6 th 100m Breaststroke, 8 th 50m Freestyle, 3rd 100m Butterfly

Relays

11th Girls 12 years 200m Freestyle (Zoe Field, Breanna Lewis, Ebony Stadelmann, and Madysen van Kints)
1st Boys 12 years 200m Freestyle (Dominic Charrett, James Marshall, Jeremy Stuart and James Lamond)

11th Girls 13 years 200m Freestyle (Lani Clarke-Knuth, Jemma Lloyd, Rose Merriman and Cameron Duncan)
3rd Girls 14 years 200m Freestyle (Inika Booth, Jade Crook, Danielle Vesper and Heather Campbell)
 4th Boys 14 years 200m Freestyle (Jaydon Readon, Noah Reed, Zachary Tasker and Quinn Richardson)
2nd Boys 15 years 200m Freestyle (Bryn Gaha, Blake Hessel, Nicholas Lamond and Jim Ellison)
 4th Girls 16 years 200m Freestyle (Amie Linehan, Chloe McClymont, Ellie Stimson and Keisha McJannet)
1st Boys 17-19 years 200m Freestyle (Shaye Booth, Matthew Hedges, Daniel Smithers and Tom Lennox)
 10th Girls 12-19 years 200m Medley (Inika Booth, Amie Linehan, Keisha McJannet and Danielle Vesper)
3rd Boys 12-19 years 200m Medley (Shaye Booth, Sam Campbell, Tom Lennox and Daniel Smithers)
 5th Boys 12-19 6X50m Freestyle (Sam Campbell, Blake Hessel, Tom Lennox, Quinn Richardson, Damien Shearer and Shaye Booth)

A full description of performances at the Sydney North carnival can be found at:
<https://app.education.nsw.gov.au/sport/EventHeader/ViewResults?eventId=935>

NSWCHSSA Secondary Swimming Championships

Following further outstanding performances by Team TLSC at the Sydney North regional swimming championships seven students qualified to swim in 15 individual events at the NSWCHSSA secondary swimming championships at Olympic Park on 17 March 2017. Six TLSC teams also qualified for relay events. The following outstanding swimmers represented with distinction at the state level:



Individual

Shaye Booth (17-19)	5 th 400m IM, 7 th 400m Freestyle, 3rd 200m IM , 10 th 200m Freestyle, 1st 100m Backstroke
Inika Booth (14)	19 th 100m Breaststroke
Nicholas Lamond (15)	4 th 100m Backstroke
James Lamond (12)	11 th 100m Breaststroke, 9 th 100m Backstroke
James Marshall (12)	8 th 200m Freestyle, 9 th 100m Freestyle, 7 th 50m Freestyle
Zachary Tasker (14)	8 th 100m Backstroke
Danielle Vesper (14)	7 th 400m IM, 12 th 100m Butterfly

Relays

4th Boys 12 years 200m Freestyle (Dominic Charrett, James Marshall, Jeremy Stuart and James Lamond)
 9th Girls 14 years 200m Freestyle (Inika Booth, Jade Crook, Danielle Vesper and Heather Campbell)
 4th Boys 14 years 200m Freestyle (Jaydon Readon, Noah Reed, Zachary Tasker and Quinn Richardson)
 10th Boys 15 years 200m Freestyle (Bryn Gaha, Blake Hessel, Nicholas Lamond and Jim Ellison)
3rd Boys 17-19 years 200m Freestyle (Shaye Booth, Matthew Hedges, Daniel Smithers and Tom Lennox)
 4th Boys 12-19 years 200m Medley (Shaye Booth, Sam Campbell, Tom Lennox and Daniel Smithers)

A full description of performances at the state carnival can be found at:
<https://app.education.nsw.gov.au/sport/Events/ViewResults?EventId=895>

Cross Country



The College and Zone cross country events have been keenly contested with the following athletes progressing to the Sydney North regional cross country: Hayden Flanagan (16-19 MD, Dominic Charrett (12), James Marshall, Shante Zoellner (12), Oshah Levy (12), Joanne Beeken (12), Rohan MaCarthy (13), Sam Liddell (13), Jarred Long (13), Cooper Neale (13), Rose Merriman (13), Lani Clarke-Knuth (13), Emily Shirlaw (13), Zack Buehler-Craig (14), Joel Kemp (14), Quinn Richardson (14), Noah Whaton (14), Matthew McKay (14), Noah Jovanovic (14), Keanu Earle (14), Emily Davis (14), Jack Merriman (15), Asunta-Rosa Carusi (15), Mitchell Allen (16), Spencer Whaton (16),

Bailey Cook (16), Jake Whitford (16), Ashlee Vernon (16), Jemima Law (16), Lachlan Higgins (17), Hayden Rutter (17), Kayleigh Apps-Gale (17) and Grace Bolton-Wood (18).

Team TLSC performed very creditably at the Sydney North regional cross country recording the following outstanding performances:

Student

Hayden Flanagan (16-19 MD)	1st
Rose Merriman (13)	4 th
Asunta-Rosa Carusi (15)	4 th

Athletics

Team TLSC performed brilliantly at the Zone athletics carnival. Sixty-nine TLSC athletes qualified to compete at the Sydney North regional athletics championships.

Following are the performances of Team TLSC:

Individual

Klrra Alvisio (14)	5 th Discus
Sarah Boarea (17-19)	7 th 100m Hurdles, 1st High Jump
Ava Bowcock (14)	7 th Javelin
April Brown (16)	2nd Discus, 2nd Shot Put , 7 th Javelin, 9 th Triple Jump
Krystal Bulmer (13)	3rd 100m , 200m, 4 th High Jump
Asunta Rosa Carusi (15)	2nd 3000m , 6 th 800m
Dominic Charrett (12)	10 th 800m, 6 th High Jump, 5 th Discus, 10 th Shot Put
Bailey Clift (13)	8 th Shot Put
Mason D'Costa (12)	4 th High Jump
Harrison Fountain (15)	7 th 400m
Ella Hopwood (15)	9 th Long Jump
Joseph Horner (15)	8 th Shot Put
Jye Hunter (12)	3rd High Jump
Bailey Johnson (14)	5 th 400m
Joel Kemp (14)	8 th 1500m, 1st 1500m Walk , 7 th Discus
Peter Lee (18)	7 th 800m
Sam Liddell (13)	6 th 800m

Natalie Ludlow (13)	13 th Shot Put, 1st Discus
Ben Maxworthy (15)	9 th Triple Jump, 8 th 400m, 4 th Javelin, 8 th Long Jump, 10 th High Jump
Rohan McCarthy (13)	5 th 800m
Chloe McClymont (16)	9 th 800m
Jasmine McCorquodale (14)	13 th 100m
Matthew McKay (14)	9 th 800m
Daniel McKay (14)	13 th High Jump
Jacob McMillan (13)	4 th Discus
Mason McMurray (17-19)	6 th Long Jump
Jack Merriman (15)	7 th 1500m, 10 th 800m
Rose Merriman (13)	7 th 800m
Taine Petersen (16)	1st 100m, 1st 200m
Hannah Regan (16)	2nd 100m, 1st 200m
Kara Reid (13)	5 th 1500m walk
Kirra Richardson (13)	11 th 1500m walk
Matthew Robertson (16)	10 th 400m
Dylan Shaw (15)	10 th Discus
Malakai Simunovic (16)	10 th 100m, 5 th Javelin, 2nd Discus
Jarrold Smedley (14)	9 th 100m, 10 th 200m
Madysen van Kints (12)	6 th 800m
Danielle Vesper (14)	6 th 800m, 11 th Long Jump, 8 th Discus
Joshua Walker (17-19)	11 th 1500m
Spencer Wharton (16)	9 th 1500m

Relays

9th Boys 12 years 4X100m (Jarrod Dann, Brock Taylor, Noah Edwards and Noah Shelvey)

8th Boys 14 years 4X100m (Bailey Johnson, Joel Kemp, Mathew Kuech and Jarrod Smedley)

6th Boys 16 years 4X100m (Taine Petersen, Malakai Simunovic, Logan Sipple and Owen Smith)

9th Girls 12 years 4X100m (Madysen van Kints, Aaleaha Bruce, Mackinley Domonkos and Ella Donnelly)

3rd Girls 13 years 4X100m (Krystal Bulmer, Jessica Symington, Alannah Nagi, Isis Schembri Lange)

9th Girls 14 years 4X100m (Jasmine McCorquodale, Sophie Whitton, ? and ?)

A full description of performances at the state carnival can be found at:

<https://app.education.nsw.gov.au/sport/Events/ViewResults?EventId=1760>

Australian Football (U/15)

Swans Cup (open boys)



The AFL boys warm up for a match

The opens boys Australian football team participated in the 2017 Central Coast Open Boys Swans Cup at Bateau Bay Sporting Facility on 15 June. The torrential rain earlier in the week didn't dampen the boys resolve, as they played an exciting brand of football from the outset and throughout. Newcomers to the sport, Thomas Steadman and Matthew French, showed amazing skill by adapting quickly to speed and style of the game.

The boys met fierce rivals St Edward's Catholic College in the final after they topped Pool A. The boys showed amazing resilience against what was a very competitive team. The match went down to the wire with St Edwards narrowly beating the boys.

Prior to the final, sadly a player from Wadalba Community School suffered a neck injury and an ambulance was required on the field. Whilst warming up for their game, our boys exhibited astounding sportsmanship and compassion by initiating a guard of honour with St Edwards as the ambulance left the field. The coach of St Edwards noted that the boys should be commended for the manner in which they conducted themselves both on and off the field and were a credit to the College.

Game 1 - St Edwards def TLSC 33-9

Game 2 - TLSC def Mackillop 44-23

Game 3 TLSC def Lisarow HS 57-0

Final - St Edwards def TLSC 40-21

Max Connors – Coach

Swans Cup (open girls)

The open girls Australian football team competed in the Central Coast Swans Cup gala day at Pat Morley Oval on 18th May. The girls played outstandingly well, especially considering many were playing the game for the first time. Seasoned veterans Tayla Thorn and Bethany Wood defended fiercely and set the tone for our girls. Special mention to first time players Tayla Newling and Kiata Hemi for kicking some fantastic goals.



The girls finished third overall. They showed amazing skill and sportsmanship whilst representing TLSC.

Game 1 - CCAS def TLSC 23-5

Game 2 - TLSC def Mackillop 69-3

Game 3 - TLSC def Lisarow 49-1

Max Connors – Coach

Baseball

Proud Shield (Boys)

In their first match the TLSC boys went out on the pitch confident and organised against Terrigal High School. They played a very skilful game and after only an hour of play the game was called with an 11-1 victory. The boys were outstanding representatives for the College playing with a high level of sportsmanship. They were very supportive and cheering for the girls team when they played and then continued to support each other for the afternoon. They gave Terrigal High School three cheers as soon as the game was called before shaking their hands. We couldn't be more proud of their performance and the way they conducted themselves throughout the day.

Rhiannon O'Brien & Ellen Beaton – Coaches



Proud Shield (Girls)

The TLSC girls went into their game against Terrigal High School knowing very little about baseball, but after a quick run-down they fielded first and achieved three outs in the first 10 minutes to force a change of inning. They had some difficulty batting against a state level pitcher but none of the girls gave up. They played a hard game for 90 minutes but had fun the entire way. Their sportsmanship was outstanding, cheering for each other and being supportive especially of the younger team members. We were very proud coaches. TLSC lost 11 to 2 but maintained their class throughout, being first on the field to shake their opponent's hands, waiting patiently while they did their team song first. They were a joy to coach and we are already looking forward to some training sessions later this year to be ready for next year!

Rhiannon O'Brien & Ellen Beaton – Coaches



Basketball

U15 Boys

Due to a bye in the first round the Under 15 Boys team played Wadalba Community School at PCYC EDSACC on Friday the 16th June in the second round. An injury to veteran player Sam Riley put a dent in the team's confidence but a quick 7 points to Nino Zamora put us ahead at the first break. During the second quarter

Wadalba fought back through some strong defensive plays to put the boys on the back foot. At half time TLSC was down by just two points and was looking good. A strong third quarter offensively by Michael Bradney kept us in the game while Craig Steele did an excellent job on the defensive end. Wadalba ran away with the victory in the final quarter but the boys should keep their heads held high. They were a pleasure to coach and showed some true sportsmanship on the court.

Kieran Matheson – Coach

Shell Cup (open boys)

The open boys basketball team made it through to the second round of the Shell Cup. In the opening match a strong performance from Isazah Edwards saw the team defeat Mt Ku-Ring-Gai High School on their home court. In the second round TLSC were matched against a very strong Homebush Boys High School and unfortunately were defeated. A slow start to the game left them with a substantial deficit to overcome in the second half. Credit must go to all the boys who never gave up and fought gamely to reduce Homebush's lead right to the final whistle. Max Slough was impressive in defence grabbing four steals and again Isazah Edwards was the leading points scorer. The team showed excellent sportsmanship and were fine representatives for TLSC.

Dean Smith – Coach

U15 Girls

The Under 15 girls basketball team came up against a tall and defensive Northlakes High School team at PCYC EDSACC on the 16th of June. The first quarter was all TLSC on the back of some aggressive offensive play by Sienna Millward and sharp free-throw shooting by Miranda Crossdale. The girls went into the first break ahead. The second quarter was a tight affair with Northlakes picking up some cheap points and going in at half time up by 1. As the game progressed Northlakes started to show their skills, eventually winning the match. Despite a lack of height and experience the girls showed a lot of heart. They never gave up in a what was a physical contest. Lacey Butlin was impressive on defensive, accumulating a number of steals, while Kirra did a great job handling the ball and setting up the offense. Very proud of all the girls and looking forward to seeing how they progress as a team in the coming years.

Kieran Matheson – Coach



The tenacious TLSC U15s girls basketball team

Shell Cup (open girls)

The open girls basketball team had a very easy ride into the third round of the competition. A bye in the first round and a forfeit in the second round led to a third round clash with Narara Valley High School on our home court. It was a very hard-fought game with the outcome still fiercely contested in the final 20 seconds. Narara Valley High School, however, retained their composure in the final seconds to record a narrow win. Credit to the TLSC girls who pushed hard right to the end. Standout performances from Lylah Williamson and Tears Moana who kept the game close. All team members played with great sportsmanship and represented TLSC with distinction.

Dean Smith – Coach



Coach Smith speaks with the TLSC girls during the break

Cricket

Alan Davidson Shield (open boys)



The TLSC boys first XI

The team had a bye in the first round and defeated Lisarow High School in the second round. TLSC batted first and scored 5/195 with Nick Hay unbeaten on 130 and Reef Hampton 29. Lisarow High School were bundled out for 24 with Jake Kable (3/4), Owen Smith (1/11), Jay Gagan (2/3) and Jordan Canobie (1/6) all taking wickets. Harrison Clark was excellent in the field. The team is into the third round. This match will be played in October.

David Cullen – Coach

Marie Cornish Trophy (open girls)

Well we did it!! Through to the third round.

After losing the toss, Lisarow High School sent TLSC into bat. Our openers Emily Cross and Piper Hooke got us off to a solid start facing a pretty hot bowling attack. One down, Jade Crook came into bat and top scored with 25 runs. After losing some quick wickets, Jessica Holmes came in and hit our first 4, scoring 11 runs before being bowled. Jasmine McCorquodale, Kaitlyn Armitage, Teegan Harrison, Emily Shirlaw, Hannah Wetzel and Mia Palmer all contributed to our final score of 141 from 40 overs. Lisarow High School had two key players of high calibre opening the batting and with some great bowling and fielding by Piper Hooke we managed to dismiss one of them cheaply. At

drinks Lisarow High School were ahead by 4 runs, compared to the TLSC drinks score, with 7 wickets in hand. Emily Cross and Jade Crook came into the bowling attack and continued to pressure the Lisarow High School batters and took four and three wickets respectively, containing Lisarow to 130 runs after 40 overs, resulting in TLSC winning by 11 runs. A huge thank you to Nicholas Hay who umpired, Jade Crook's Grandad who scored, Rob Cross (Emily's Grandad) for sending in the team photo and all the other parents who helped me with the cricket gear. I look forward to round three. Well done girls. I'm so proud.

Juliana Dignam – Coach



Football

Open boys

TLSC were defeated by a quality Kincumber High School team in the first round. Kincumber started the game firing and went ahead 1-0 in the opening minutes. TLSC then steered into the game with Mitchell Allen, Mitchell Hill and Matt Goldsmith controlling the game. Jordan Kinloch battled hard up front and the team created some great chances. Kincumber looked to score on the break, but Lachlan Maher was a standout in goals. TLSC lost 1-0 to Kincumber High School in the first round. Late in the game there were plenty of chances but the boys were unable to find an equaliser.

Scott McGinley – Coach

Open girls

TLSC defeated Kincumber High School in the first round. In the second round the girls played a tough 90-minute match against Henry Kendall High School but unfortunately lost in the second period of golden goal. TLSC played with no subs and the girls were very courageous in defeat. Our defence was very solid all match, the midfield held their own and the strikers ran like crazy looking for that elusive goal.

Tarra Southern – Coach



Bill Turner Cup (boys)

[The administrators of this competition do not allow TLSC to enter a College team]

Berkeley Vale Campus

In the qualifying round the Berkeley Vale team came up against a strong Lakes Grammar. After conceding two early goals the BVC team found the back of the net and got the score back to 2-1. Jaxon Goldie showed his skill and versatility in attack and defence, Brae Cochrane was worked tirelessly up front and Mathew Smale showed great composure and ability although still only in Year 7. The boys went into the half time break 2-1 and conceded a 3rd and 4th only minutes into the 2nd half. BVC rallied and managed to claw back to 4-3 down. The team looked to grab the equaliser throwing numbers forward. Bailey van Kints created chances. Unfortunately, Lakes grabbed a late goal and ran out 5-3 winners on the day.

Scott McGinley – Coach

Tumbi Umbi Campus

The Tumbi Umbi team defeated Wadalba Community School 2-1 in the first round. The match went to extra time after the scores were locked at 1-1 at the end of normal time. All boys showed great character to score a golden goal after the gruelling encounter.

In the second round the boys played Lakes Grammar. Lakes Grammar scored first at the 10-minute mark despite a strong start from Tumbi Umbi. The boys hit back 10 minutes later with a goal from Mitchell Wallace (small in stature, but big in skill). In the second half, we had some great shots on goal but were unable to convert. In golden goal, Lakes Grammar received a corner in the first minute and managed to blast a goal into the back of the net. Some special mentions include:

Jack Bennett - an extremely strong and determined back liner, left nothing in the tank.

Harry Fountain - had a blinder! Stopped many shots on goal, but also went for a run and nearly scored from a flying header.

Luke Christie and Darcy Wright - let me move them around the field and they were excellent everywhere I put them and never complained.

Josh Wallace - returning from sickness and still wasn't 100%, but you wouldn't have been able to guess, great ball control and some very close shots.

Astin Lincoln, Jay Swadling and Mitchell Wallace - Tumbi Umbi has a very bright soccer future with these skilful year 7 boys!

Bailey Tuke - gave it a great go and should be proud of his efforts.

Noah Wharton and Zac Buehler-Craig - made some exceptional runs out wide and applied pressure the entire match.

Aaron Browning - my man of the match! Hard working, provided a positive vibe and took some mind blowing free kicks.

Lachlan Maher - provided great understanding and advice from the back of the field, not to mention some gutsy saves.

Quinton Tapsell-Phillips - was my right-hand man, unfortunately sustaining an injury earlier in the week.

TLSC are to be commended for their passion for football and giving 100% in this match. A special acknowledgement to Lachlan Maher on making the train-on squad for the U15 Australian football team.

Brenton Olzomer and Paul McGinley – Coaches

Bill Turner Trophy (girls)

[The administrators of this competition do not allow TLSC to enter a College team]

Berkeley Vale Campus

In the qualifying round the Berkeley Vale team played a star-studded Lakes Grammar. A young BVC team led by Clare Easton showed great teamwork and sportsmanship battling away. Jenna Kingi-O'Reilly and Hali Newling displayed courage and skill between the sticks, stopping Lakes Grammar on a number of occasions. Kirra and Elke Alvisio were outstanding on the day never shying away from a tackle. The girls unfortunately lost 7-0 on the day.

Scott McGinley – Coach

Tumbi Umbi Campus

In the qualifying round Tumbi Umbi defeated Northlakes High School 5-0. The team then defeated Wadalba Community School 1-0 in the first round. The girls picked up where they left off in the qualifier, dominating possession and creating several good chances to score. The Wadalba Community School keeper was able to keep us scoreless until the 42nd minute. After some good lead up play Kaitlyn Flanagan was put through to be one on one with the keeper. She slid the ball past the keeper into the bottom corner of the goal to score her first ever goal in soccer. I wouldn't be surprised if she still has the massive smile on her face! Wadalba Community School threw players forward in an effort to level the game, but the Tumbi Umbi girls remained composed, continuing to control the game and create chances. In the second round the girls defeated Mackillop Catholic College 3-0. The team now plays Terrigal High School on 9 June for a place in the Central Coast final.

Paul McGinley – Coach

Gymnastics

Girls

Chelsea Samuels produced a creditable performance in the NSWCHS Rhythmic Gymnastics competition.

Hockey

Open boys



TLSC defeated Wadalba Community School on 13 June to secure a place in the Sydney North final four series. After a tight first half ran away with the match 10-0. In the final four series on 20 June at Wyong Regional Hockey Complex TLSC defeated Gosford High School 6-1 and to progress to the Sydney North regional final against Epping Boys High School. TLSC struggled to fire early in the final but rallied in the second half to overpower their opposition 6-0 to become Sydney North regional champions. The playing squad of Bailey Johnson, Kael Webster, Joel Tweedie, Nick Hay, Sam Hancock, Harrison Bacon and Kye Drennan, Issac Drennan, Jordan Denniss, Drew Tweedie, Marcus James, Edward Vaughn, Lachlan Clarke and Russ Finitny are to be

congratulated on their achievements to-date. The boys will now contest the state finals. There have also been many individual successes from this team. Jordan Denniss, Marcus James, Drew Tweedie, Joel Tweedie and Kael Webster were selected in the Sydney North regional team. Joel Tweedie and Kael Webster were selected to represent TLSC in a Talented Athlete Program from which the NSW U16 All Schools hockey team was selected. Kael was selected in the NSW team to tour South Australia at the Pacific School Games in December, and Joel was selected as the shadow goal keeper. Kael also as a key member of the NSWCHSSA open boys hockey team that competed in the tri-series at Sydney Olympic Park against

NSW CIS and NSW CCC.
NSWCHSSA won the tri-series and Kael was fortunate enough to gain selection in the NSW Merit Team.

Sally-Anne Drennan – Coach



The undefeated TLSC boys on the attack against Gosford

Open girls

The open TLSC team played Lisarow High School in the first round winning 15 – 0. The girls demonstrated excellent sportsmanship and teamwork. In their next match TLSC defeated Wyong High School to become Central Coast champions. Everyone demonstrated excellent teamwork and brilliant sportsmanship throughout the game.



The mighty TLSC open girls hockey team

Later in the day the girls defeated McKellar Girls High School to become Sydney North regional champions. They played exceptionally well and demonstrated outstanding skills. The girls work together as a team, supporting each other and encouraging each other throughout the game. Molley-Rose Alexander and Heather Leach have both been selected in the Sydney North regional team.

Emma Whiting – Coach

Netball

Open Girls



The TLSC netball team had a bye in the first round and defeated Killara High School 68-13 in the second round. The third round saw another convincing win this time against Northlakes High School. The team then travelled to North Curl Curl to compete against Northern Beaches Secondary College in the fourth round. After a strong start TLSC were defeated 40-34. The girls played extremely well and displayed tremendous sportsmanship throughout all their matches. The TLSC team was Apryll Draper, Siobhan Travis, Ava Bowcock, Emily Bartlett, Mia Dettmer, Teas Moana, April Brown, Oke Gardiner, Breana Nathan, Lylah Williamson, Kiata Hemi and Abbey Hackmann.
Amanda Munro – Coach



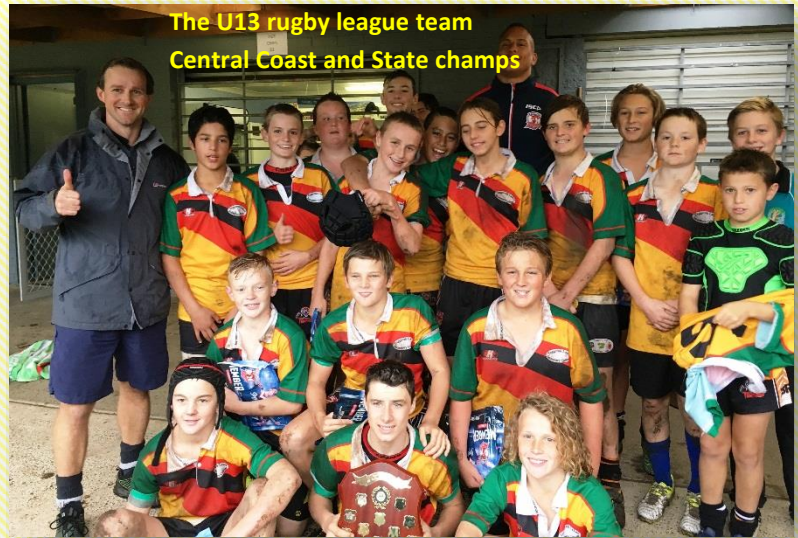
Rugby League

U13 Boys

TLSC took two teams to the Under 13's Central Coast rugby league tournament. Both teams were keen to play and ready for the action. The second team played admirably in all their three games playing with spirit in each until the final whistle.

The first team started off against a tough St Edwards Catholic College with tight defences being the order of the game. The boys won 10-0 with Jack Wilkins scoring a great individual try. Our next two games were against Gorokan High School and then Kincumber High School where we won 26-0 and 32-0 respectively with all 20 players in the squad playing their part.

We then played Wadalba Community School in the semi-final and won 18-0 in a tougher contest. Credit goes to the boys for not conceding a point in the four games they played, where they were just as happy defending as they were scoring tries. Players who stood out with exceptional performances and commitment were Noah Goodman, Ethan Strange, Harry Mohan and Bryce Davis.



The final against St Edward's Catholic College was played on 28 June in wet and tough conditions.

The boys put in a stoic performance in the Central Coast All School's final to beat St Edwards 12-4 in a great game of rugby league. The boys' defensive effort was phenomenal and all players from 1-17 played their part, especially the forward pack where most of the play was situated. Going into half time with a 6-4 lead thanks to a Noah Goodman try and Jye Hunter conversion we played against a well drilled and resilient St Edward's team. We eventually forced an error with 3 minutes remaining, got a repeat set and Noah Goodman went in from close range to score his second with Jye Hunter easily converting. The boys were extremely pleased with the result and were presented with their medals from Kane Evans (Sydney Roosters), Noah proudly lifting the trophy aloft. The boys are a great bunch of

students and play some tough footy, but they also play fair. A big thanks goes out to the coaching team of Mr Hunter, John Strange (Sydney Roosters), Lachlan and Jim.

The team also qualified for the Country Cup in Raymond Terrace on 21st June where after three hard matches they finished second.

The players are fierce on the field, graceful in victory and grateful for the contributions of each team-mate. It was a privilege to be able to coach these boys and I look forwards to seeing where the journey can take us.

NSW All Schools U 13 Rugby league Finals

On 1 August the Under 13 TLSC Rugby League team took part in the NSWRL All Schools Finals at Whalan Reserve, Tregear (Mount Druitt). There were nine teams in the competition, all regional winners, split into two groups. The first match was against St Joseph's College, Lochinvar. TLSC had an error ridden start to the game and went behind through an early try to the opposition. To their credit the TLSC boys fought back, started to cut out the errors and in the second half Jack Wilkins scored a try in the corner. The final score was 4-4 and we thought that this was going to be a tough day. In the second game in our pool TLSC played Heathcote HS from Cronulla. The boys played with an unrivalled intensity from the start, made minimal errors throughout the game playing some fine controlled rugby league. Noah Goodman scored two good tries. Kye Durie powered his way over in the corner. TLSC won 24-0 which built their confidence and belief in themselves. The final group game was against Erskine Park HS, Penrith. The TLSC boys dominated the game from the start with tremendous defence, aggression and line speed. The attack flowed and all players were playing their part. TLSC won 28-4 but were disappointed to let a try in at the end.

TLSC finished top of the group on points difference which meant a match against Ashcroft HS, Western Suburbs in the semi-final. TLSC stepped up to the mark and increased the intensity the defence nullifying their two best players in the process. This had a two-way effect, one, it hindered the rest of the players on the other team seeing their star boys hardly make an impact, and two, our boys were spurred on because of the way they were playing.

TLSC qualified for the final and travelled to St Mary's Stadium to play St Joseph's, Lochinvar in the final. This was the team they had drawn with in the first game. The TLSC boys went through the same preparation as they had for all their games so far and were up for it by the time their names were announced. TLSC went ahead through two early tries for Noah Goodman and Kye Durie. St Joseph's got back into the game with a try and at half time TLSC were leading 10-4. The game was a battle in the second half with the opposition getting on a roll, and attacked TLSC close to their line and when they looked certain to score the TLSC sliding defence was amazing and forced a knock on within reach of our try line. After 95 minutes of footy this gave the TLSC boys a lift. With two minutes to go we were on the fifth tackle and 10 metres inside our own half, Ethan Strange saw half a gap, beat two players and accelerated away, drew the defender and passed perfectly to Noah Goodman off his shoulder who sped away to the line and scored the try that made the TLSC U13s State Champions.

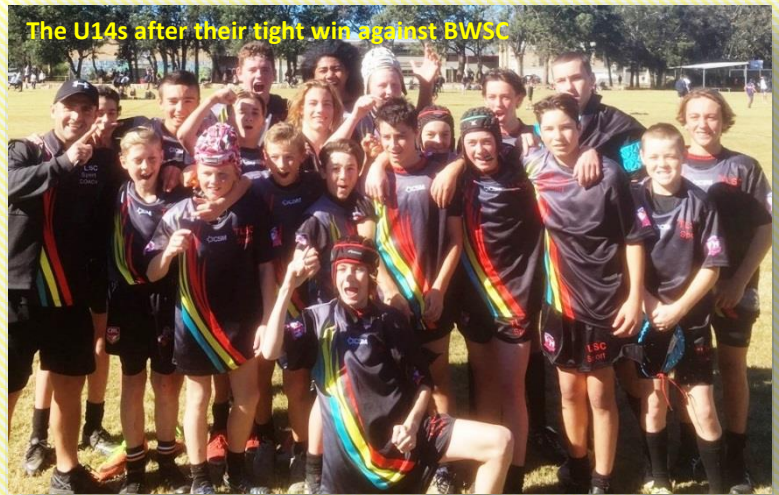
Andrew Skidmore – Coach

U14 Boys

The Central Coast knock-out for the Buckley Shield was played at Berkeley Vale. The first game was a tough 24-6 win against a strong Wadabla Community School team. The boys started well with big Josh Shaw and Simon Pati dominating at times requiring a handful of opposition players to tackle them. pretty much taking the entire team to tackle. The next match was won on a forfeit. The third match was against Northlakes High School which we won convincingly. Matt Kuech dominated this game with two full length of the field tries. After winning all our pool matches the boys then lined up against Lisarow High school in the semi-final. The boys held tight to win 10-0.

The standout player of the day was Jed Dunsmore who tackled his heart out and made numerous strong hit-ups. The boys involved displayed a great amount of respect and integrity both on and off the field and deserve to be congratulated.

The team progressed to the Central Coast final against Brisbane Waters Secondary College on 20 July. The boys turned up pumped and ready to go. However, that seemed to wear off in the first half letting in 14 unanswered points. At the break we talked about the importance of holding on to the ball and working together as a team in defence. The sound half started with the human battering ram Josh Shaw running over 10 players to score under the sticks. Levi Wilton then pinched an interception from the scrum and ran the whole field. Josh Shaw scored the next with a huge run again. This left the score 18-18 and sent the game into golden point. Noah Goodman decided it was his time to shine chasing a kick and scoring in the corner.



The final score TLSC 22-BWSC 18

This effort was simply put down to a never say die attitude and a great amount of teamwork.

The principal from Umina came over and the players thanked him for having them which was a nice touch to finish a fantastic day.

Following the match against BWSC TLSC defeated Ballina HS at home. The TLSC U14s were now in the final eight teams in NSW. Their next match was against Tumut High School at Tumut on 15 August. The match was a hard-fought affair with the Tumut boys able to get to an early 8-0 nil lead. Eventually the TLSC boys overcame their opposition to run out winners 28-20.

The TLSC boys now progress to the semi-finals of the Buckley shield.

Dean Holton – Coach

Open boys

The TLSC University Shield team won the Central Coast knock-out and have become Central Coast champions. Following the match against Brisbane Waters Secondary College TLSC defeated Ballina HS at home. The TLSC University Shield team were now in the final eight teams in NSW. Their next match was against Chifley College at Chifley on 16 August. The match was very close from the opening whistle with the TLSC team eventually running out winners 32-28.

The TLSC boys now progress to the semi-finals of the University Shield. The team will need to dig deep to emulate the feats of the 2016 team who won the University Shield.

Shane Wooden – Coach

Ben Howard – Manager

Rugby Union

U14 boys (including 7s)

TLSC won the Central Coast U14 7s competition in emphatic style by beating St Edwards Catholic College, Gorokan High School and St Peters Catholic College.

Garth Armstrong and Victor Pinzcuk – Coaches

U16 boys (including 7s)

In the Central Coast U16 7s TLSC despite losing their pool games steadily improved and were unlucky to lose their final match against Narara Valley High School 5-4.

Garth Armstrong – Coach



Open boys (including 7s)

The open TLSC 7s team played some inspiring rugby to reach the final of the Central Coast 7s losing by four tries to two against a strong St Edwards Catholic College team. The team has progressed to the state finals as a wildcard.

Ben Howard – Coach

Open girls

The TLSC open girls Rugby 7s team have had tremendous success. They won the Central Coast competition defeating Terrigal High School in golden try. They are now in the state finals. To cap of their fine performances, they were invited to play a Central West NSW representative team as the curtain-raiser to the Wallabies and Scotland test match. TLSC kept their winning record in tact defeating Central West NSW two tries to one.



The team then contested the state titles at The Kings School where they performed magnificently, narrowly losing to the eventual winning team.

Ben Howard and Mel Romano – Coach

Squash

Open Boys

The TLSC team including Matt French, Chayse Partridge, Zane Griffiths and Reece Tillett attended a gala day in Sydney and despite limited playing experience managed to compete with distinction to come second in Sydney North region. A great effort from the boys.

Callum Roberts – Coach

Surfing

Boys and Girls – NSW School Surfing

Day one of the NSW School Surfing titles saw surfers from the College compete in the individual format / "All Stars" component of the event at Lighthouse Beach just south of Port Macquarie.

After a great heat win early in the day Jackson Roberts finished 3rd in his semi-final of the under 19 Men's Division which placed him equal 5th overall.

Molly Picklum TUC was impressive all day and surfed with a maturity well beyond her years to finish 3rd overall in the Schools Under 16 Women's division. Molly had success earlier in the week to take out the Under 16 Girls Individual NSW State title.



Day two saw students compete for the College in a teams format. Due to the increase in swell the event was transferred to North Haven. Conditions were excellent with offshore winds and 3-4 foot waves.

The junior girls team of Molly Picklum and Jasmine McCorquodale surfed very well all day to finish second. The senior boys team of Jackson Roberts and Kurtis Vaughn displayed the tremendous talent they have in the surf to become NSW Champions. They will now represent NSW later in the year at the Australian titles.

A full report can be found at:

<https://www.surfindustralia.com/states/nsw/news/champions-crowned-at-the-2017-woolworths-nsw-state-junior-surfing-titles>

Earlier this semester Evie Cotterill won the Newcastle International Surfest open competition.

Adam Robinson – Coach

Table Tennis

Butterfly Shield - Open

A spirited TLSC table tennis team travelled to Niagara Park Stadium on 27 March to contest the regional knock-out. After an easy win over Henry Kendall High School 4-0 they met a very professional St Ives High School team that ran out winners 4-0.

Rob Cotterill – Coach



The TLSC boys team (left) with Narara Valley

Stan Jones Trophy (Boys)

The open boys team consists of Al Gleeson, Jackson Myers, Jayden Shipley and Christian Gilchrist. The team defeated Wadalba Community School in the first round by forfeit and defeated Narara Valley High School 6 sets to 2. They then progressed to the knockout round of the final 8 teams in Sydney North region. The boys got through their first round against Lisarow High School but were defeated by a very strong Carlingford High team. This team has much to promise as they develop over the years.

Tennis

David Cullen and Sam Thomas - Coaches

Open Boys

The open boys touch football team competed in the CHS knockout this year. They started well with an 8-2 win over Northlakes High School at home at EDSACC. The standout players were Logan Humphries, Tom Steadman and Matt French. The next game ended up being a last minute forfeit from Gosford High School, on a rainy day, which sent them through to the Sydney North regional gala day. This competition was held at Sohler Park, Ourimbah and the team competed against Wadalba Community School, Freshwater High School, Lisarow High School and Brisbane Waters Secondary College. Unfortunately, the boys didn't progress through to the semi-finals, although players who stood out included Chase Partridge, Jack



The TLSC boys touch team

Touch

Frasca and Peter Lee. Well done to all team members, as well as Lachlan Vella who volunteered to be a referee.

Ben Maher – Coach

Open Girls

The TLSC girls had a bye in the first round. We travelled to and convincingly defeated Burwood Girls High School 11-0 in the second round. In round three we came up against Northlakes High School and posted another big win 16-0. The next two rounds were played as a gala day with the girls defeating Terrigal High School (8-2), Pittwater High School (12-2) and Mackellar Girls High School (6-1) in the round robin games. Unfortunately, the team was narrowly beaten 6-5 in a nail-biter by Narrabeen Sports High School in the cross-over semi-final. All students played really well and should be really proud of their efforts. For the new players, confidence and skill grew with each game and for the stalwarts, they provided experience and support. For a relatively young team, the TLSC open touch girls did an amazing job. Two of the outstanding players were sisters Brearna and Faith Nathan. Thanks to Edith Nathan for her time, dedication and knowledge in training the girls.

Cassie White – Coach

Volleyball

Open Boys

Unfortunately, after a bye in the first round the TLSC boys were defeated by Wadalba Community School 3-0. Caleb Jones was our best player.

Callum Roberts – Coach

Open Girls

After a bye in the first round the TLSC team has been very impressive defeating Cherrybrook Technology High School 3-0 in round two, Hunters Hill high School 3-0 in round three and Pittwater High School 3-0 in round four. The outstanding players have been Kiata and Mirae Hemi with Kiata selected to represent Sydney North, CHS, NSW and Australia in a variety of teams. The team will progress to the State Final 16 series at the beginning of Term 3.

Callum Roberts – Coach

Water Polo

Open Boys

The boys won their first round game against Kincumber High School by 6 goals, then doubled up with a win against Terrigal High School - a much tighter game. Wyong High School, however, proved too strong for the TLSC in the end, where we lost the grand final 10-4. It was, however, an impressive effort by the team overall! Luke Simson, Noah Reid, Jim Ellison, Corey Allen and Zac Moloney were the standout performers. Other members of the team included Shae Booth, Thomas Steadman, Sam Campbell, Jack Richards and Blake Hessel.

Elly Pickles – Coach

Open Girls

The TLSC open girls water polo team did amazingly with the girls clocking two convincing wins against Henry Kendall High School and Terrigal High School, winning by more than 10 goals each time. TLSC, however, met our match in the grand final and I mean that literally and figuratively. We were 6 all at full time against Narara Valley High School, and bowed out in a penalty shoot-out. Our standout performers on the day were Rosie Stimson, Ellie Stimson, Keisha McJannet and Melina Kaparakis. The other members of

the TLSC team were Sunny Carusi, Jade Crook, Ava Bowcock, Jessica Whithers, Chloe McClymont, Lyla Williamson and Anjuna Lincoln.

Elly Pickles – Coach